

# Institute on Violence, Abuse and Trauma (IVAT)



## Application for Specialty Certification in Trauma Care

### Section A: Contact Information

Frist Name	M.I.	Last Name	
Mailing Address	City	State	Zip code
Work Phone	Home phone	Email	Date of Birth

### Section B: Current Employment Information

Agency: \_\_\_\_\_

Position/job Title: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Dates Employed: *From:* \_\_\_\_\_ *To:* \_\_\_\_\_

### Section C: Level of Certification

Please check the level of certification for which you are applying. A complete checklist of the requirements for each level can be found on Page 2 of the application.

- Behavioral Health:** Appropriate for individuals with at least 1 year experience in Trauma Care. Relevant fields include, but are not limited to Victim Advocates, non-clinical Social Workers, Social Assistance/ Aide Workers, Case Managers, Educators/School Faculty, Graduate Students.
  
- Treatment Provider:** Appropriate for individuals with at least 2 years experience in Trauma Care working in a clinical setting. Relevant fields include, but are not limited to: Psychologists, Psychiatrists, Counselors, Licensed Clinical Social Workers, or other clinical positions that are exempt as a federal or state government employee.

**Supervisor:** *This level is currently unavailable. For more information regarding advanced certification levels, please contact [ivat@ivatcenters.org](mailto:ivat@ivatcenters.org).*

#### **Section D: Requirements Checklist**

Please check that you have fulfilled all necessary requirements and included all required items with your application.

#### **Certification Level: Behavioral Health (this can lead at a later date to Treatment Provider or supervisor status) – check all below:**

- Education: Minimum of Bachelor's degree in any of the following fields of study: mental health, social work, counseling, education, healthcare, or criminal justice OR 4 years' (6,000 hours) related professional experience.
- Experience: 1 year (1,000 hours) related professional experience OR a minimum of 150 hours of professional training.
- Trauma Training: 20 hours of formal trauma training within the past 2 years: See accompanying list of required topic areas in Appendix A.
- Proof of Competency: Must pass final assessment for certification. Assessment is structured as a 2-3 page cover letter describing how the individual's experience was obtained and what their application of trauma-informed principles in a professional setting.
- References: Must provide 3 professional letters of reference with contact information.
- \$150 Fee: Includes a \$40 non-refundable application fee and a \$110 certificate fee.
- Resume/CV: Must submit most recent Resume or CV with application.
- Licensure: If you have a license or certification, please submit with your application. If you do not have a licensure or certification, no additional documentation is necessary.

#### **Certification Level: Treatment Provider**

- Education: Minimum of Master's degree in any of the following fields of study: mental health, social work, counseling, nursing, psychiatry, or related profession
- Licensure or certification in a relevant field: Must submit proof of Active and In Good Standing professional state or other recognized licensure or certification for your professional role. If you are exempt as a state or federal government employee, provide documentation to verify.
- Experience: 2 years (2,000 hours) related professional experience OR a minimum of 200 hours of professional training (e.g., CEs).
- Trauma Training: 40 hours of formal trauma training within the past 4 years via Continuing Education (CE) or graduate level courses: See accompanying list of required topic areas in Appendix A.
- Proof of Competency: Must submit a sample case conceptualization as well as a 15-minute video or audio clip of a session/client interview, accompanied by a brief (not to exceed 3-4 pages double-spaced) written report of what trauma intervention you used in the clip and why.
- References: Must provide 3 professional letters of reference with contact information AND 1 letter of reference from a clinical supervisor
- \$300 Fee: Includes a \$50 non-refundable application fee and a \$250 certificate fee.

CV: Must submit most recent CV with application.

**Renewals:**

Each Certification is valid for 2 years. To maintain certification, you will submit proof of 20 hours of CE credits related to trauma from the past 2 years, as well as a \$75 renewal fee.

**Section D: Education**

Please indicate your highest educational level and attach a copy of the highest degree you earned from an accredited educational institution.

- M.D.  Master's: Major: \_\_\_\_\_
- J.D.  Bachelor's: Major: \_\_\_\_\_
- Psy.D.  Other: \_\_\_\_\_
- Ph.D.: Major: \_\_\_\_\_  No Degree \_\_\_\_\_

University/College Graduated: \_\_\_\_\_  
Location of University/College: \_\_\_\_\_ Year Graduated: \_\_\_\_\_

Please enter all other degrees and credentials received in the space below:

<b>Degree</b>	<b>Major/Field</b>	<b>Educational Institution</b>	<b>Year</b>

**Section E: Previous Professional Experience**

## Agreement

I, the undersigned, hereby make voluntary application to *the Institute on Violence, Abuse and Trauma* for Specialty Certification in Trauma Care. I recognize that IVAT and its specialty committee may decide that I am not qualified, and I agree to abide by its decision. However, I do have the right to appeal the decision, ask for re-consideration, and provide documentation to support my case. I authorize IVAT to make inquiries as it deems appropriate in connection with application for this specialty certification, with any of the individuals, agencies, organizations, or other such reference sources as may develop in the course of IVAT's investigation of my qualifications to be certified.

I agree to comply with the ethical standards indicated in this information and with my state, county's or other jurisdiction's particular ethical standards. In the event that these standards are stricter than my state's standards or vice versa, I will comply with the stricter standards of ethical principles and rules of conduct in the Specialty Certification in Trauma Care. I certify that all of the statements made herein are true and accurate to the best of my knowledge and belief. I have enclosed a non-refundable application fee. If granted the Specialty Certification, I agree to pay all required annual fees assessed by IVAT and to follow continuing education requirements to maintain my certification. I understand that this approval is subject to annual renewal. Any misstatement or misrepresentation made in the application process may be cause for denial or revocation of my certification. IVAT reserves the right to revoke my certification for violation of their guidelines.

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**Signature of Applicant**

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**Date**

**Please return application with all requested materials to:**

Institute on Violence, Abuse and Trauma (IVAT)  
Attn: Specialty Certification in Trauma Care  
10065 Old Grove Road, Ste. 101  
San Diego, CA 92131  
Ph: (858) 527-1860 ext. 4410  
Fax: (858) 527-1743      sandicm@ivatcenters.org

## Trauma Care Certification Courses or Training

Level I (Minimum of 20 hours) for Behavioral Health or Level II (minimum of 40 hours) for Treatment Provider

Courses Related to (a minimum of one training in at least per category):

### *Definition and Psychology of Trauma:*

- What is Trauma, The Types and What Are The Effects (1.5 - 3 hours)
- Long-Term Consequences of Trauma (1.5 – 3 hours)
- Trauma-Informed Care (1.5 – 3 hours)

### *Developmental Trauma*

- Adverse Childhood Experiences (ACEs) and How This Can be Applied (1.5 - 3 hours)
- Various Approaches to Addressing Childhood Trauma (1.5 hours)
- Childhood Trauma: Understanding and Welfare Practices (1.5 hours)
- Types of Trauma Across the Lifespan (1.5 – 3 hours)

### *Vicarious or Secondary Trauma*

- What is Vicarious/Secondary Trauma and How Does it Occur? (1.5 hours)
- Treating Vicarious/Secondary Trauma (3 – 6 hours)

### *Trauma of Professionals*

- Resilience for Trauma-Informed Professionals: Preventing Secondary Traumatic Stress (3 hours)
- First Responders: Trauma and Interventions (1.5 – 3 hours)

### *Trauma in the Military*

- Responses to Different Types of Trauma for Military Members (1.5 hours)
- Trauma from Sexual Assault or Domestic Violence in the Military (1.5 – 3 hours)
- Treatment of Trauma in the Military (3 – 6 hours)

### *Trauma of Marginalized Individuals*

- Trauma Among Diverse Populations (1.5 – 3 hours)
- Trauma Interventions for Individuals with Disabilities (1.5 -3 hours)
- Treatment of Trauma in Diverse Populations, Cultural Perspectives, and Innovative Techniques (3 – 6 hours)

### *Assessment and Diagnosis of Trauma*

- Diagnosis of Posttraumatic Stress Disorder and other Related Mental Health or Behavioral Disorders (1.5 – 3 hours)
- Assessment Approaches and Techniques for Childhood Trauma (1.5 – 3 hours)
- Assessment Approaches and Techniques for Adult Trauma (1.5 – 3 hours)

### *Societal Trauma*

- Homelessness is Traumatic: A Trauma-informed Response to Homelessness (1.5 – 3 hours)
- Honoring Different Ways of Knowing/Healing: Decolonizing Trauma Work (1.5 – 3 hours)
- Historical Trauma in Indigenous Populations (1.5 – 3 hours)
- Treatment of Historical Trauma (3 - 6 hours)

### *Neurobiology/Physiology of Trauma:*

- Neurobiology of Trauma (1.5 – 3 hours)
- Understanding the Polyvagal theory and Its Relation to Trauma (1.5 - 3 hours)
- Releasing Trauma with Somatic Approaches (1.5 hours)

### *Culture and Trauma*

- Cultural Work in Treating Trauma (1.5 – 6 hours)
- Differential Effects of Culture with Respect to Trauma (1.5 – 3 hours)
- Assessment of Trauma for Various Cultural Populations (1.5 – 3 hours)
- Ethical Practices in Treating Trauma in Children (1.5 – 3 hours)
- Ethical Practices in Treating Trauma in Adults (1.5 – 3 hours)
- Ethical Practices and Issues in Forensic Cases Regarding Trauma (1.5 – 6 hours)

**Note: The above titles are examples of the Main Topics. Other similar topics in these areas can be substituted for the ones above upon request.**